

# Katoomba District Athletics Club Records

As of 13.1.2024



Age Group	Event	Record Holder	Record	Date
U6 Boys	50M	Keeden Harrison	9.86	19.12.2015
	70M	Thomas MacNamara	12.57	12.01.2013
	100M	Darren Rapley	18.00	8.1.1983
	200M Packstart	Jax Jakus (Benchmark)	53.79	18.12.2021
	300M	Ian Halpin	1.10.30	6.2.1999
	Long Jump	Eli Roberts	3.25	27.2.2016
	Shot Put	Alexander Pacchini	5.65	25.12.1995
	Discus	Douglas Pentecost	11.87	27.2.2016
U7 Boys	50M	Issac Roberts	8.36	19.2.2015
	70M	William Zakis	11.82	12.1.2013
	100M	David Monck	16.5	3.3.1990
	200M	David Monck	36.00	1.3.1990
	500M	Peter Carr-Boyd	1.49.80	13.10.1990
	Long Jump	Nicholas Thomson	3.29	13.3.1983
	Shot Put	Daniel Fong	6.93	18.2.1989
	Discus	Douglas Pentecost	16.60	17.2.2018
U8 Boys	70M	Douglas Pentecost	12.16	9.2.2019
	100M	David Fahey	15.30	8.1.1983
	200M	Glenn Howes	34.70	18.2.1989
	400M Packstart	Benson Ward (benchmark)	1.48.46	18.12.2021
	700M	Max Manwaring	2.59.13	7.10.2017
	60MHurdles	Connor Farnell	11.20	8.10.2005
	Long Jump	Glenn Howes	3.63	18.2.1989
	Shot Put	Douglas Pentecost	7.07	2.3.2019
	Discus	Peter Roberts	21.78	16.3.1991
U9 Boys	70M	Joel Cable	10.40	5.10.2002
	100M	Daniel Clayton	14.20	31.1.1998
	200M	Ben Hutchins	31.40	6.3.1993
	400M	Ben Hutchins	1.14.80	17.10.1992
	800M	Carlton Frame	2.44.90	8.2.1982

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	60M Hurdles	Arlo Langley	10.84	5.3.2016
	Long Jump	Nathan Conroy	4.15	18.11.1989
	High Jump	Rodney Cormack	1.17	1.11.2003
	Shot Put	Peter Roberts	8.74	22.2.1992
	Discus	Peter Roberts	26.64	22.11.1991
U10 Boys	70M	Daniel Legge	10.50	30.11.1986
	100M	David Thom	14.00	11.1.1986
	200M	Duncan Fidler	30.60	3.12.1988
	400M	Calton Frame	1.09.70	22.1.1983
	800M	Duncan Fidler	2.27.10	29.10.1988
	60M Hurdles	Adam Daley	10.70	8.2.1997
	Long Jump	Matthew Donaldson	4.47	7.1.1995
	High Jump	Matthew Donaldson	1.33	25.2.1995
	Shot Put	Peter Roberts	10.11	13.3.1993
	Discus	Peter Roberts	31.00	20.3.1993
U11 Boys	100M	Todd Cleary	13.40	12.11.1983
	200M	Matthew Field	29.30	27.10.2003
	400M	Carlton Frame	1.07.30	26.11.1983
	800M	Ben St Lawrence	2.30.10	20.3.1993
	1500M	Daniel Kelly	5.18.22	22.3.2014
	80M Hurdles	Tasman Harrison	15.21	14.01.2023
	Long Jump	Nathan Conroy	4.86	22.2.1992
	High Jump	Joshua Thornhill	1.47	20.2.1994
	Shot Put	Joel Cable	10.68	5.2.2005
	Discus	Douglas Pentecost	28.91	18.12.2021
	Triple Jump	Nathan Conroy	9.56	12.10.1991
	Javelin	Angus Herron	25.87	11.3.2017
U12 Boys	100M	Gary Jones	12.70	5.12.1987
	200M	Gary Jones	26.80	20.2.1988
	400M	Gary Jones	1.00.00	27.2.1988
	800M	Gary Jones	2.24.60	20.2.1988
	1500M	Gary Jones	4.56.30	16.12.1987
	80M Hurdles	Thomas Loy	13.75	23.1.2021

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	Long Jump	Mark Hyam	5.02	22.2.1992
	High Jump	Joshua Thornhill	1.54	18.3.1995
	Triple Jump	Matthew Honnery	10.43	8.2.1987
	Discus	Ben Tarlinton	35.57	13.3.2010
	Shot Put	Douglas Pentecost	11.67	25.2.2022
	Javelin	Angus Herron	29.15	2.12.2017
U13 Boys	100M	Gary Jones	12.20	5.11.1988
	200M	Gary Jones	25.90	24.9.1988
	400M	Mark Hyam	1.01.90	14.11.1992
	800M	Gary Jones	2.20.20	29.10.1988
	1500M	Gary Jones	4.58.70	5.11.1988
	3000M	Finn Kleji	11.19.36	13.2.2021
	80M Hurdles	Matthew Honnery	13.50	31.12.1998
	200M Hurdles	Matthew Honnery	30.80	31.12.1998
	Long Jump	Matthew Honnery	5.60	7.2.1998
	High Jump	Matthew Honnery	1.60	25.10.1997
	Triple Jump	Matthew Honnery	11.70	17.1.1998
	Discus	Douglas Pentecost	37.35	23.9.2023
	Shot Put	Gary Jones	12.95	29.10.1988
	Javelin	Ethan Sweeney	33.67	11.3.2006
U14 Boys	100M	Gary Jones	11.70	2.12.1989
	200M	Gary Jones	24.40	18.11.1989
	400M	Max Lucas	55.87	9.3.2019
	800M	Gary Jones	2.13.70	2.12.1989
	1500M	Gary Jones	4.42.90	30.9.1989
	3000M	William Zakis	11:32.00	14.12.2019
	90M Hurdles	Thomas Loy	13.91	11.2.2023
	200M Hurdles	Thomas Loy	29.93	4.3.2023
	Long Jump	Zachary Rothwell	5.60	27.2.2016
	High Jump	Matthew Honnery	1.68	13.3.1999
	Triple Jump	Matthew Honnery	12.05	6.3.1999
	Discus	Ethan Sweeney	41.71	13.3.2007
	Shot Put	Gary Jones	11.94	23.9.1989
	Javelin	Matthew Honnery	33.21	13.3.1999

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U15 Boys	100M	Nick Thomson	11.50	17.11.1990
	200M	Zachary Rothwell	24.14	19.11.2016
	400M	Gary Jones	52.70	16.3.1991
	800M	Gary Jones	2.09.20	12.01.1991
	1500M	Gary Jones	4.35.40	1.12.1990
	3000M	Will Zakis	10:38.10	23.1.2021
	100M Hurdles	Tom Loy	14.36	14.10.2023
	300M Hurdles	Tom Loy	45.04	14.10.2023
	Long Jump	Gary Jones	6.17	9.2.1991
	High Jump	Nichola Thomson	1.80	10.11.1990
	Triple Jump	Matthew Honnery	12.45	18.9.1990
	Discus	Aaron Simpson	45.42	11.2.1989
	Shot Put	Aaron Simpson	13.35	28.1.1989
	Javelin	Ethan Sweeney	43.73	27.10.2007
U17 Boys	100M	Zachary Rothwell	11.13	1.12.2018
	200M	Zachary Rothwell	22.81	16.2.2019
	400M	Zachary Rothwell	51.35	9.3.2019
	800M	Will Zakis	2.05.44	17.12.2022
	1500M	Finn Kleij	4.39.52	23.9.2023
	3000M	Zac Tydeman	10.25.55	16.9.2023
	110M Hurdles	Max Lucas	16.48	13.2.2020
	300M Hurdles	Zachary Rothwell	43.87	16.2.2019
	Long Jump	Zachary Rothwell	6.45	16.2.2019
	High Jump	Finn Kleij	1.82	16.12.2023
	Triple Jump	Jordan Buckley	12.1	2.11.2019
	Discus	Max Lucas	29.64	11.12.2021
	Shot Put	Max Lucas	10.57	18.12.2021
	Javelin	Finn Kleij	35.24	30.9.2023
U6 Girls	50M	Kaylee Alderson	10.00	1.2.2014
	70M	Catherine Sproule	11.60	9.11.1985
	100M	Kristin Gamble	18.40	29.10.1988

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	200M Packstart	Florence Loy-Pigott (Benchmark)	55.46	18.12.2021
	300M	Kaylee Alderson	1.10.17	1.2.2014
	Long jump	Kaylee Alderson	2.59	7.12.2013
	Shot put	Brittnee Stanger/ Evie Taylor	4.01	6.2.1999/ 13.2.2021
	Discus	Evie Taylor	9.06	6.2.2020
U7 Girls	50M	Evelyn Paul	9.42	28.11.2020
	70M	Kate McMaahon	11.78	11.1.1986
	100M	Claire Ingram	16.7	3.3.1990
	200M	Faith Cochrane	37.5	11.2.1989
	500M	Fiona Goodberg	1.51.90	16.3.1991
	Long jump	Claire Ingram	3.15	3.3.1990
	Shot put	Caroline Stephen	5.50	13.3.1983
	Discus	Kaylee Alderson	12.60	17.1.2015
U8 Girls	70M	Evelyn Paul	11.78	11.12.2021
	100M	Aimee Bellette	15.80	2.12.1989
	200M	Belle Charter	34.50	18.11.1989
	400M Packstart	Evelyn Paul (Benchmark)	1.31.98	18.12.2021
	700M	Soraya Usher	2.42.90	8.3.2008
	60M Hurdles	Samantha Daley	12.80	5.10.1996
	Long Jump	kaylee Alderson	3.56	6.2.2016
	Shot Put	Daisie Buckle	5.54	6.2.1999
	Discus	Tina Williams	16.98	3.3.1990
U9 Girls	70M	Evie Schembri	10.88	2.3.2019
	100M	Mataya Young	14.90	18.1.2003
	200M	Mataya Young	32.10	18.1.2003
	400M	Erin Gamble	1.17.10	3.3.1990
	800M	Erin Gamble	2.56.30	10.3.1990
	60M Hurdles	Sabrina Boswell	11.30	2.11.1993
	Long Jump	Mataya Young	3.69	8.3.2003
	High Jump	Alice Goodberg	1.10	16.3.1991
	Shot Put	Mataya Young	5.67	8.2.2003
	Discus	Sheridan Constable	19.70	18.2.1989

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U10 Girls	70M	Evie Schembri	10.48	7.12.2019
	100M	Angela Jones	14.90	6.12.1993
	200M	Odette Spears	31.40	20.2.1994
	400M	Caroline Stephen	1.13.10	22.3.1986
	800M	Michelle Kenyon	2.51.90	20.2.1988
	60M Hurdles	Odette Spears	11.60	5.3.1994
	Long Jump	Odette Spears	4.41	4.12.1993
	High Jump	Alice Goodberg	1.24	14.3.1992
	Shot Put	Stacey Williams	7.48	3.3.1990
	Discus	Ellie Kozicki	22.09	22.10.2011
U11 Girls	100M	Anna Gamble	13.90	29.10.1988
	200M	Odette Spears	30.40	30.12.1994
	400M	Heidi Clark	1.09.90	28.3.1981
	800M	Alice Goodberg	2.43.00	13.3.1993
	1500M	Alice Goodberg	5.42.00	13.3.1993
	80M Hurdles	Charlie Mitchell	16.33	29.1.2022
	Long Jump	Angela Jones	4.41	10.12.1994
	High Jump	Alice Goodberg	1.39	6.3.1993
	Shot Put	Mataya Young	7.94	16.10.2004
	Discus	Ditas Dizon	17.39	18.12.2021
	Triple Jump	Kayla Tompkins	9.08	3.3.2007
	Javelin	Georgie Touhill	15.99	26.10.2019
U12 Girls	100M	Bronte Pickering	13.51	9.11.2013
	200M	Alice Goodberg	28.60	20.2.1994
	400M	Caroline Stephen	1.07.10	28.11.1987
	800M	Michelle Kenyon	2.37.50	21.1.1990
	1500M	Alice Goodberg	5.25.90	27.11.1993
	80M Hurdles	Hazel Walters	14.98	29.2.2020
	Long Jump	Mataya Young	4.76	11.2.2006
	High Jump	Alice Goodberg	1.44	16.10.1993
	Triple Jump	Mataya Young	10.25	11.3.2006
	Discus	Lyfe Myers	27.62	18.2.1989
	Shot Put	Lyfe Myers	9.42	11.2.1989

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	Javelin	Tay Meehan	13.96	25.10.2014
U13 Girls	100M	Mataya Young	13.20	7.10.2006
	200M	Mataya Young	27.60	18.11.2006
	400M	Kirrilee Ferguson	1.04.00	27.2.1988
	800M	Michelle Kenyon	2.29.40	9.2.1991
	1500M	Ivy Beglinger	5.20.81	23.3.2013
	3000M	Ivy Beglinger	11.30.19	24.3.2013
	80M Hurdles	Aanika Warren	13.90	5.3.1994
	200M Hurdles	Emma Cormack	33.90	19.11.2005
	Long Jump	Mataya Young	5.23	28.10.2006
	High Jump	Emma Cormack	1.50	11.3.2006
	Triple Jump	Mataya Young	11.10	14.10.2006
	Discus	Emma Cormack	27.35	19.11.2005
	Shot Put	Mataya Young	8.77	10.3.2007
	Javelin	Jocelyne Francken	23.49	2.2.2008
U14 Girls	100M	Natalie Dick	12.80	14.10.1989
	200M	Natalie Dick	27.40	18.11.1989
	400M	Alice Goodberg	1.01.60	3.1.1996
	800M	Michelle Kenyon	2.28.80	14.3.1992
	1500M	Ivy Beglinger	5.19.72	22.3.2014
	3000M	Ivy Beglinger	11.12.46	23.3.2014
	80M Hurdles	Aanika Warren	13.90	26.11.1994
	200M Hurdles	Alana Debortoli-Dodson	32.00	9.3.2019
	Long Jump	Mataya Young	5.17	12.1.2008
	High Jump	Emma Cormack	1.60	3.2.2007
	Triple Jump	Mataya Young	11.16	6.10.2007
	Discus	Natalie Dick	12.80	14.10.1989
	Shot Put	Emmagen Cronshaw	9.69	7.12.2019
	Javelin	Jocelyne Francken	1.01.60	7.3.2009
U15 Girls	100M	Ella Wallace	12.67	28.11.2020
	200M	Alice Goodberg	27.20	5.10.1996

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	400M	Alice Goodberg	1.00.70	9.11.1996
	800M	Ivy Beglinger	2.29.88	22.3.2015
	1500M	Alice Goodberg	5.20.50	9.11.1996
	3000M	Ivy Beglinger	11.16.12	19.3.2015
	90M Hurdles	Nicole Parkinson	14.80	14.12.1996
	300M Hurdles	Ella Wallace	58.71	12.12.2020
	Long Jump	Mataya Young	5.06	18.10.2008
	High Jump	Mataya Young	1.60	7.2.2009
	Triple Jump	Gabrielle Klymenko	11.42	28.10.2006
	Discus	Jocelyn Francken	26.44	24.10.2009
	Shot Put	Emmagen Cronshaw	10.69	28.11.2020
	Javelin	Jocelyn Franklin	24.08	21.11.2009
U17 Girls	100M	Chloe Flugge	12.86	9.12.2023
	200M	Amelie Hugo	27.66	16.12.2023
	400M	Amelie Hugo	1.02.75	5.11.2022
	800M	Ivy Beglinger	2.30.00	14.2.2016
	1500M	Ivy Beglinger	5.30.64	21.11.2015
	3000M	NA		
	100M Hurdles	Emma Cormack	16.22	24.10.2008
	300M Hurdles	Alana Debortoli- Dodson	52.52	23.1.2021
	Long Jump	Mataya Young	5.10	23.1.2010
	High Jump	Emma Cormack	1.65	28.11.2009
	Triple Jump	Chloe Flugge	10.30	14.10.2023
	Discus	Emmagen Cronshaw	27.01	14.1.2023
	Shot Put	Emmagen Cronshaw	10.67	26.11.2022
	Javelin	Chloe Flugge	25.87	9.12.2023